## Lifeguard Depot.com®

LifeguardDepot.com Sizing Chart								
Youth Clothing								
(inches)								
	Sport Sweatpants - Youth							
Size	XXS	XS	S	M	L	XL		
BOTTOMS								
Body Length								
Inside Seam Length			24	24 ½	25			
Outside Seam Length			35	36	37			
Waist Width			10	11	12			
Waist Size			20	22	24			

## **Body Length**

(Lay garment face down & flat, measure from center back neckline seam straight down to bottom of the front hem)

## Waist Width

(Lav garment flat, measure waist seam across from one end to the other)

## Waist Size

(Measure natural waistline, with one finger between the measuring tape waist)